



**XV SIEFLAS**  
**IV BUDO CONGRESS**  
**17, 18 E 19 DE JUNHO, CASTELO BRANCO, PORTUGAL**  
**PROGRAMA FINAL DE COMUNICAÇÕES / POSTERS**

Dia 17 de Junho – 11h20 às 13h

Sala 2 Comunicações	Sala 3 Comunicações	Sala 4 Comunicações	Sala 5 Comunicações	Sala 6 Comunicações	Sala Experiências Pedagógicas Comunicações
<p style="text-align: center;"><b>142</b></p> <p>What do students think in physical education?</p> <p>Paulo Pereira, Fátima Bento, Fernando Santos and António Cardoso</p>	<p style="text-align: center;"><b>27</b></p> <p>Short-term effects of myofascial release on isometric knee extensors strength</p> <p>Pedro Carvalho, Miguel Morais, Albert Dos Santos and Carolina Vila-Chã</p>	<p style="text-align: center;"><b>19</b></p> <p>Ethical issues on military physical conditioning</p> <p>Manuel Coge and Dulce Esteves</p>	<p style="text-align: center;"><b>55</b></p> <p>Insights on a successful research-to-practice partnership with Matosinhos City Hall: The case of Surfing in Schools</p> <p>Fernando Santos, Corliss Bean, Nuno Azevedo, António Cardoso, Paulo Pereira and Hugo Cruz</p>	<p style="text-align: center;"><b>74</b></p> <p>Is low volume HIIT enough to induce changes in oxygen uptake kinetics?</p> <p>Dalia Curto, Rita Pinto, Mario Espada, Jorge Infante, Francisco B. Alves and Joana F. Reis</p>	<p style="text-align: center;"><b>41</b></p> <p>Principal complaints and reference to spine pain in young tennis players during a tournament: data from massage therapy care</p> <p>Livia Gasparotto, Claudia Bontorin, Guilherme Gasparotto, Marta Souza and Célia Araújo</p>
<p style="text-align: center;"><b>54</b></p> <p>Vivências de bullying no ensino obrigatório e percursos escolares</p> <p>Amália Rebolo and Beatriz Pereira</p>	<p style="text-align: center;"><b>111</b></p> <p>Perceived barriers and physical activity levels in older adults: the role of education.</p> <p>Cláudia Vaz, Nuno Serra, Ermelinda Marques, Agostinha Corte and Carolina Vila-Chã</p>	<p style="text-align: center;"><b>112</b></p> <p>Supervised vs. non-supervised physical activity: the impact on functional fitness in older adults.</p> <p>Cláudia Vaz, Vitor Rezende, Nuno Serra, Ermelinda Marques, Maria Fonseca and Carolina Vila-Chã</p>	<p style="text-align: center;"><b>122</b></p> <p>Orienteering sport and environmental education: a theoretical review</p> <p>Allana Scopel</p>	<p style="text-align: center;"><b>75</b></p> <p>Warm-up kinematics influence 30m sprint performance</p> <p>Maria Helena Gil, Henrique Pereira Neiva, António Carlos Sousa, Luís Brandão Fail, Pedro Pombo Neves, Mário Cardoso Marques and Daniel Almeida Marinho</p>	<p style="text-align: center;"><b>167</b></p> <p>Prevalence of Methicillin - Resistant Staphylococcus Aureus in Students of Higher Education</p> <p>Francisco José Rodrigues, Patricia Coelho and Sónia Mateus</p>
<p style="text-align: center;"><b>96</b></p> <p>Bullying among medical students: integrative literature review</p> <p>Fernanda Natal Alves, Carolina Milhim Barcellos, Priscilla dos Reis Oliveira, Lilian Cristina Gomes Nascimento, Beatriz Pereira, Marta Angélica Iossi Silva and Jorge Luiz da Silva</p>	<p style="text-align: center;"><b>136</b></p> <p>Push-ups with hands or feet on unstable surface: Does it affects muscle activation and ground reaction forces?</p> <p>Andreia Nicolau, Luis Ribeiro, Filipe Conceição, Pedro Fonseca, Nuno Serra and Carolina Vila-Chã</p>	<p style="text-align: center;"><b>105</b></p> <p>The importance of workplace health management in the context of skills shortage in small and medium-sized companies</p> <p>Luisa Hente, Alexander Hodeck and Torsten Schlesinger</p>	<p style="text-align: center;"><b>129</b></p> <p>Sports attitudes of young people practicing orienteering: the influence of the additional practice of another sport</p> <p>Tadeu Ferreira De Celestino, Hugo Sarmento, Artur Santos and Antonino Pereira</p>	<p style="text-align: center;"><b>172</b></p> <p>Peripheral arterial systolic-diastolic velocities in athletes and non-athletes by Doppler ultrasound</p> <p>Sónia Mateus, Patricia Coelho and Rodrigues Francisco</p>	<p style="text-align: center;"><b>168</b></p> <p>Risk Factors and Arterial Hypertension</p> <p>Francisco José Rodrigues, Patricia Coelho and Sónia Mateus</p>
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